

Abdominal Exercise Machines



York's traditional-style ab bench from their light-commercial FTS range. York's sit-up bench is adjustable.

Price: £129.99

<http://www.gymratz.co.uk/york-fts-sit-up-board>



Stylish Ab Machine - always a gym favourite! Solidly constructed and featuring a comfortable roller neck/head cushion and a 100kg stack for some intense abdominal training.

Price: £2,295.00

<http://www.gymratz.co.uk/gq-ab-machine>

Gym Ratz - (Fitness Equipment UK)

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