

Rope Training and Accessories



As per the title, this Battling Rope's 15 metres long and 2 inches thick. This size is ideal for general Battling Rope exercises and 2 man Battling Rope work, whereas you'll find our 30 metre rope better suited to rope pulls (around a gym bench or goal post).

Price: £149.00

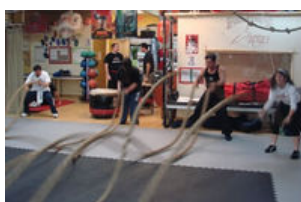
<http://www.gymratz.co.uk/2-inch-battling-ropes-15m>



For most women, or universal use at a boot camp, you may wish to purchase this thinner 1.5" Battling Rope. Although the 2" fat grip is part of the attraction with Battling Ropes, the 1.5" can be better suited to newbies or those with smaller hands.

Price: £99.00

<http://www.gymratz.co.uk/1-5-inch-battling-ropes-15m>



Although the 2" fat grip is part of the attraction with Battling Ropes, the 1.5" can be better suited to newbies or those with smaller hands (juniors & women). Our 30 metre Battling Rope is ideal for rope pulls around a bench or goal post. It can also be used for more general Battling Rope exercise

Price: £149.00

<http://www.gymratz.co.uk/1-5-inch-battling-ropes-30m>



End of drum off-cut. Looking for a slightly shorter than standard length of our famous manilla battling rope ? Look no further we have off-cuts listed here. NOTE: we only have 1 off of each length stated.

Price: £109.23

<http://www.gymratz.co.uk/2-inch-battling-ropes-offcut>



End of drum off-cut. Looking for a slightly shorter than standard length of our famous Inch and a Half manilla battling rope ? Look no further we have off-cuts listed here. NOTE: we only have 1 off of each length stated.

Price: £92.40

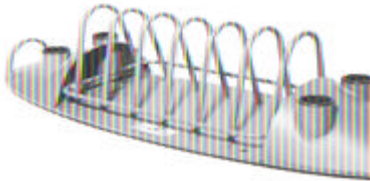
<http://www.gymratz.co.uk/1-5-inch-battling-ropes-offcut>



This black polyester battle rope is highly versatile whilst being as durable as they come. It can deliver a full body workout for fitness enthusiasts of all levels looking to spike metabolism, burn fat, gain muscle and improve overall fitness.

Price: £230.00

<http://www.gymratz.co.uk/black-battle-rope-50>



A versatile and unique piece of equipment that allows multiple users to participate in immensely adaptable sessions. This hub allows up to 4 portable core trainers to be used simultaneously.

Price: £286.00

<http://www.gymratz.co.uk/jordan-core-training-hub>



A versatile and unique piece of equipment that allows multiple users to participate in immensely adaptable sessions. This hub package contains 4 portable core trainers to be used simultaneously with the included Hub.

RRP: £648.00

Our Price: £583.49

You Save: £64.51 - 10 % Discount

<http://www.gymratz.co.uk/jordan-core-training-hub-package>



This black polyester battle rope is highly versatile whilst being as durable as they come. It can deliver a full body workout for fitness enthusiasts of all levels looking to spike metabolism, burn fat, gain muscle and improve overall fitness.

Price: £160.00

<http://www.gymratz.co.uk/black-battle-rope-38mm>



This black polyester battle rope is highly versatile whilst being as durable as they come. It can deliver a full body workout for fitness enthusiasts of all levels looking to spike metabolism, burn fat, gain muscle and improve overall fitness.

Price: £130.00

<http://www.gymratz.co.uk/black-battle-rope-25mm>



Pair of Sphere/Ball hanging pull up grips for use with Racks, Chin frames, chains and loading pins

Price: £33.99

<http://www.gymratz.co.uk/sphere-pull-up-grip>



Sphere/Ball/Globe grip Cable handle - For an increased finger and grip strength training. A great addition for rock climbers and martial arts practitioners where a powerful finger grip and strength can make the difference between success and failure in climbing or grappling sports.

Price: £19.99

<http://www.gymratz.co.uk/globe-gripz>

Gym Ratz - (Fitness Equipment UK)

GymRatz - Fitness Equipment, 199 Avonmouth Road, Avonmouth, Bristol, BS11 9EG UK

Tel: 0845 86 86 888 Fax: 0870 4711 011