

## Selectorised Leg Machines



I must admit that I'm a fan of reverse hamstring curls (on glute ham bench), seated hamstring curls, standing hamstring curls and stiff-leg deadlifts, basically, every exercise for hamstrings in preference to lying hamstring curls. Therefore, the Standing Leg Curl is another welcome

Price from £1,825.00

<http://www.gymratz.co.uk/gymratz-standing-leg-curl>



Selectorised Leg Curl machine. Solid construction from heavy gauge steel with comfortable thickly padded upholstery.

Single Exercise Stations are great where space and finances permit as they ensure users don't hog machines during peak times.

Price from £2,305.00

<http://www.gymratz.co.uk/gymratz-lying-leg-curl>



Selectorised Leg Extension machine. Solid construction from heavy gauge steel with comfortable thickly padded upholstery.

Single Exercise Stations are great where space and finances permit as they ensure users don't hog machines during peak times.

Price from £2,745.00

<http://www.gymratz.co.uk/gymratz-leg-extension>



Easy and comfortable to use standing calf raise machine, with lots of weight. GymRatZ Commercial Gym Equipment is second to none! You may also be interested in the GymRatZ Seated Calf Raise Machine (plate load) & GymRatZ Donkey Calf Raise Machine (also plate load).

Price from £2,095.00

<http://www.gymratz.co.uk/gymratz-standing-calf-raise>



Selectorised Seated Leg Press 150Kg stack. Solid construction from heavy gauge steel. A Selectorised Leg Press is well suited to a health club full of resistance machines. GymRatZ Selectorised Seated Leg Press is ideal for gym novices.

Price: £2,650.00

<http://www.gymratz.co.uk/gymratz-seated-leg-press>

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Selectorised Leg Extension/Curl machine. Solid construction from heavy gauge steel with comfortable thickly padded upholstery. Make the most of the gym space you've got, and save money, by purchasing a dual use leg extension and leg curl machine.

Price from £2,425.00

<http://www.gymratz.co.uk/gymratz-leg-extension-curl>



Selectorized (100kg stack) seated leg extension with modern looking tubular frame for full commercial gym use. Key features include: 3 site adjustment (see red knobs) for comfort of varying sized users; colour coded weight stack; exercise diagram & weight stack shroud.

Price: £2,295.00

<http://www.gymratz.co.uk/gq-leg-extension>



Selectorsied Total Hip Machine. Solid construction from heavy gauge steel with comfortable thickly padded upholstery. Make the most of the gym space you've got, and save money, by purchasing a Multi-hip Machine. The Multi-hip has to be one of the most used items in any ladies gym.

Price: £2,045.00

<http://www.gymratz.co.uk/gymratz-total-hip-machine>



Ideally suited in a commercial gym alongside the GQ Leg Extension, GQ Seated Leg Press & GQ Rotary Hip Machine. Key features include: tubular frame, 3 site adjustment (see red knobs) for comfort of varying sized users; colour coded weight stack; exercise diagram & weight stack shroud.

Price: £2,295.00

<http://www.gymratz.co.uk/gq-seated-leg-curl>



Tubular steel, colour-coded weight stacks, weight stack shrouds & exercise diagram plaque make the GQ range a favourite amongst health clubs and leisure centres. Made in England to GymRatZ standards, the GQ range offers a high-quality product at a good price.

Price: £2,295.00

<http://www.gymratz.co.uk/gq-lying-leg-curl>



Comfortable and durable dual-use selectorized leg extension and curl suitable for gyms with limited space and wanting to make the most of them.

Price: £2,495.00

<http://www.gymratz.co.uk/gq-leg-ext-leg-curl>



Exigo Standing Calf Raise for full commercial use with large 150kg steel selectorized weight stack. Looks great next to the other GQ gym equipment stations.

RRP: £2,994.00

Our Price: £2,245.00

You Save: £749.00 - 25 % Discount

<http://www.gymratz.co.uk/gq-standing-calf-raise>



Basic and sturdy in design, but with an up-to-date feel of rounded upholstery and tubular steel. Featuring a large 150kg selectorized stack, the GQ Seated Leg Press is well suited to any leisure centre or health club environment.

Price: £3,195.00

<http://www.gymratz.co.uk/gq-seated-leg-press>



Ideally suited in a commercial gym alongside the GQ Leg Extension, GQ Leg Curl & GQ Seated Leg Press, the GQ Rotary Hip Machine offers full hip exercise - adduction, abduction, extension, flexion. Popular in health clubs for working the bum and inner & outer thigh.

Price: £2,295.00

<http://www.gymratz.co.uk/gq-rotary-hip-machine>



Save-space by purchasing a full-commercial dual-use abductor and adductor machine. Quick-change pins to change position/s. You may also wish to review our GymRatZ Total Hip Machine, which allows for hip abduction, adduction, AND extension, so you can isolate your glutes as well as your inner

Price from £2,895.00

<http://www.gymratz.co.uk/gymratz-abductor-adductor-machine>



The Gym Gear Evolution offers the latest resistance features coupled with a user friendly and extra safe functional system. Oversized weight shrouds cover the weight stacks ensuring extra safety for the user. The 3 stations ensure that all the major muscle groups are covered.

RRP: £6,590.00

**Our Price: £4,495.00**

You Save: £2,095.00 - 32 % Discount

<http://www.gymratz.co.uk/impulse-3-multi-gym>



A unique Selectorised leg curl machine in which you stand whilst using. It specifically targets the hamstring, buttocks and calves in an alternative way to the regular laying leg curl

**Price: £2,295.00**

<http://www.gymratz.co.uk/selectorised-standing-leg-curl>



A top quality selectorised leg press with an additional weight option give the chance of smaller resistance increases when performing certain types of exercise. The foot plate on this leg press is quite larger so it allows a wide variety of different workouts.

**Price: £2,695.00**

<http://www.gymratz.co.uk/recumbent-leg-press>

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A quality calf training machine with a 100kg weight stack is certain to ample variation. It's padded seat ensures that users can train comfortably. The seat is angled to make sure the user has good posture, decreasing the chance of injury over time.

**Price: £2,295.00**

<http://www.gymratz.co.uk/seated-calf-raise>



A new selectorised leg machine that works on improving the gluteus maximus muscles one leg at a time. The incremental weight options allows smaller resistance increases on certain exercises meaning that users get a thorough workout. The 100kg weight capacity ensures great definition for your money.

**Price: £2,295.00**

<http://www.gymratz.co.uk/selectorised-glute-machine>



Comfortable and durable dual-use selectorized leg extension and curl suitable for gyms with limited space and wanting to make the most of them.

Price: £1,745.00

<http://www.gymratz.co.uk/gg-leg-ext-leg-curl-url>

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