

## Crossfit Rigs (Modular)



Our StrengthGear Modular rigs and components are perfect for all different types of establishments, this modular functional training rig is easy to install and typically 'off the shelf' so is readily available and can be delivered quicker than something bespoke or fabricated.

Price: £2,010.00

<http://www.gymratz.co.uk/4-station-squat-rig-functional-gym-extension>



This crossfit rig is sold self install only. We do not offer an installation service on this item as there are a minimal number of parts to the rig that simply bolt together. The rig uprights have flat plate feet at the bottom, floor bolts are included. You may want to consult a tradesperson and/or

Price: £533.32

<http://www.gymratz.co.uk/crossfit-workout-rig-bare>



Lock in Dip Station Handles for use on our StrengthGear Build Your Own Modular Rigs.

With a thick handle to reduce pressure on the palm and a narrow to wide taper for the arms these dip handles provide an excellent addition to our rigs....

Price: £151.50

<http://www.gymratz.co.uk/sg-rig-dip-handles>



Lock in height adjustable Step Platform for use on our StrengthGear Build Your Own Modular Rigs.

Topped with a rubber surface for increased safety to reduce the possibility of slipping to provide an excellent addition to our rigs....

Price: £156.00

<http://www.gymratz.co.uk/sg-rig-dip-step-platform>



Plate Storage Posts for our StrengthGear Build Your Own Modular Rigs.

Price: £36.50

<http://www.gymratz.co.uk/sg-rig-plate-storage-posts>

Land Mine Core Trainer Attachment for our StrengthGear Build Your Own Modular Rigs.

Price: £92.50

<http://www.gymratz.co.uk/sg-rig-landmine-core-trainer>



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Lift-Off Hooks for our StrengthGear Modular rigs. Whether including a set or 2 of these hooks to use with your new modular rig or buying a pair to increase the training options on your existing StrengthGear Functional Training Rig these are a must-have item.

Price: £55.00

<http://www.gymratz.co.uk/sg-rig-lifft-off-hooks>



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Our StrengthGear Rope Anchor Loop is a fantastic and very simple addition to our modular training rigs. Safe and secure, you can be sure that your battle rope won't be going anywhere. Tethered to one of the heaviest "off the shelf" workout rigs we have this rope anchor point makes yet another traini

Price: £22.50

<http://www.gymratz.co.uk/sg-rig-rope-anchor-loop>



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Our StrengthGear Punchbag Arm is a fantastic and very simple addition to our modular training rigs. Perfect for when you have thermolite block walls that can't take any load bearing mechanical fixings and where ceiling fixing isn't an option. The Training Rig Punchbag Arm adds yet another station...

Price: £120.00

<http://www.gymratz.co.uk/sg-rig-punchbag-arm>





Our StrengthGear Wall Ball Target is a fantastic and very simple addition to our modular training rigs. Safe and secure, it provides a great alternative for when it would be inappropriate to use the wall of your gym for Wall Ball drills.

Price: £100.00

<http://www.gymratz.co.uk/sg-rig-wall-ball-target>



Our StrengthGear Wall Ball Target is a fantastic and very simple addition to our modular training rigs. Safe and secure, it provides a great alternative for when it would be inappropriate to use the wall of your gym for Wall Ball drills.

Price: £30.00

<http://www.gymratz.co.uk/sg-parallel-grip-pull-up>



Our StrengthGear Safety Spotter Arm is a fantastic and very simple addition to our modular training rigs. Safe and secure, it builds on the fact that you have a massively sturdy rig to attach it to.

Price: £295.00

<http://www.gymratz.co.uk/sg-safety-spotter-arm>



Our StrengthGear Ladder Side Bar is an essential structural component for your StrengthGear Modular Training Rig. Braced for increased strength providing superior stability connecting front rig legs to rear legs or wall fixing.

Price: £60.00

<http://www.gymratz.co.uk/sg-ladder-side-bar>



Our StrengthGear Ladder Bar is an essential component for your StrengthGear Modular Training Rig, increasing structural stability whilst at the same time providing another functional training station by way of monkey bars and TRX mounting, muscle-ups and so much more!

Price: £45.00

<http://www.gymratz.co.uk/sg-monkey-bar>



Our StrengthGear Pull-Up Frame is an essential component for constructing any of our modular rigs. As well as providing a more accessible front/back bar for pull-ups etc. it's drilled to allow up to 3 equally spaced monkey/ladder bars (giving 5 in total) if required. It also serves as a TRX mounting

Price: £90.00

<http://www.gymratz.co.uk/sg-pull-up-frame-108>



Our StrengthGear 176cm Pull-Up Frame is an essential component for constructing any of our modular rigs. As well as providing a more accessible front/back bar for pull-ups etc. it's drilled to allow up to 5 equally spaced monkey bars (giving 7 in total) if required. It also serves as a TRX mounting

Price: £105.00

<http://www.gymratz.co.uk/sg-pull-up-frame-168>



A Functional Training Rig is nothing without a leg on each corner. The rig legs are 250cm tall which gives a great height for chinning frames and ladder/monkey bars. Drilled with abundant holes for plenty of adjustment of safety arms and lift-off hooks (J-Hooks) not to mention.....

Price: £145.00

<http://www.gymratz.co.uk/sg-modular-rig-upright>



Our StrengthGear Modular rigs and components are perfect for all different types of establishments, this modular functional training rig is easy to install and typically 'off the shelf' so is readily available and can be delivered quicker than something bespoke or fabricated.

Price: £507.50

<http://www.gymratz.co.uk/1-station-squat-rig-wall>



Our StrengthGear Modular rigs and components are perfect for all different types of establishments, this modular functional training rig is easy to install and typically 'off the shelf' so is readily available and can be delivered quicker than something bespoke or fabricated.

Price: £1,882.00

<http://www.gymratz.co.uk/3-station-squat-rig-2-functional-wall>



Our StrengthGear Modular rigs and components are perfect for all different types of establishments, this modular functional training rig is easy to install and typically 'off the shelf' so is readily available and can be delivered quicker than something bespoke or fabricated.

Price: £3,150.00

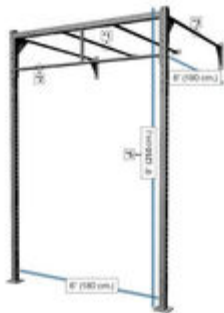
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Our StrengthGear Modular rigs and components are perfect for all different types of establishments, this modular functional training rig is easy to install and typically 'off the shelf' so is readily available and can be delivered quicker than something bespoke or fabricated.

Price: £820.00

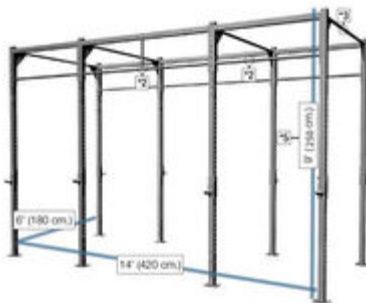
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Our StrengthGear Modular rigs and components are perfect for all different types of establishments, this modular functional training rig is easy to install and typically 'off the shelf' so is readily available and can be delivered quicker than something bespoke or fabricated.

Price: £520.00

<http://www.gymratz.co.uk/functional-rig-wall>



Our StrengthGear Modular rigs and components are perfect for all different types of establishments, this modular functional training rig is easy to install and typically 'off the shelf' so is readily available and can be delivered quicker than something bespoke or fabricated.

Price: £2,110.00

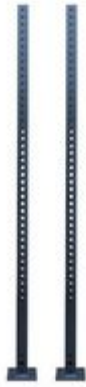
<http://www.gymratz.co.uk/4-station-squat-rig>



Our StrengthGear Modular rigs and components are perfect for all different types of establishments, this modular functional training rig is easy to install and typically 'off the shelf' so is readily available and can be delivered quicker than something bespoke or fabricated.

Price: £1,430.00

<http://www.gymratz.co.uk/2-station-squat-rig-extension>



A Functional Training Rig is nothing without a leg on each corner. The rig legs are 250cm tall which gives a great height for chinning frames and ladder/monkey bars. Drilled with abundant holes for plenty of adjustment of safety arms and lift-off hooks (J-Hooks) not to mention.....

Price: £216.65

<http://www.gymratz.co.uk/ss-rig-leg-pair>



This Wall Ball Target is a simple addition to your 70mm X 70mm box training rigs. Safe and secure, it provides a great alternative for when it would be inappropriate to use the wall of your gym for Wall Ball drills.

RRP: £100.00

Our Price: £41.66

You Save: £58.34 - 58 % Discount

<http://www.gymratz.co.uk/70-rig-wall-ball-target>



Land Mine attachment for your premium squat rack. Suitable for Premium Folding wall rack, Premium Fixed wall rack, Premium half rack and Premium quarter rack only

Price £99.00

<http://www.gymratz.co.uk/if-prem-land-mine-url>



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Price: £451.63

<http://www.gymratz.co.uk/wall-lifting-rig-bare>



Land Mine Core Trainer Attachment for JMC Half Racks and Power racks

Price: £54.00

<http://www.gymratz.co.uk/jmc-landmine-core-trainer>

Gym Ratz - (Fitness Equipment UK)

GymRatz - Fitness Equipment, 199 Avonmouth Road, Avonmouth, Bristol, BS11 9EG UK

Tel: 0845 86 86 888 Fax: 0870 4711 011