

## CrossFit Training Accessories



Womens cross training & Fitness gloves are perfect for weight lifting or general fitness training. Soft padded almar leather palms offer great comfort and grip, Half finger design with pull off tabs for easy removal and two layers stretch-spandex back, for breath ability.....

RRP from: £14.99

**Our Price £9.99**

You Save: £5.00 - 33 % Discount

<http://www.gymratz.co.uk/ladies-training-glove>



Mens Weight Training & Fitness Gloves are perfect for weight lifting or general fitness training. Soft padded leather palms offer great comfort and grip, Half finger design with pull off tabs for easy removal and two layers stretch-spandex back, for breath-ability.....

RRP from: £16.00

**Our Price £10.99**

You Save: £5.01 - 31 % Discount

<http://www.gymratz.co.uk/mens-training-glove>



The popular TRX Suspension Trainer Pro features bands (suspension trainer), a DVD, and an exercise chart. Developed by former Navy SEAL Randy Hetrick the pack provides bodyweight training that you can take anywhere.

RRP: £199.99

**Our Price: £159.95**

You Save: £40.04 - 20 % Discount

<http://www.gymratz.co.uk/trx-suspension-trainer-pro>



Highly supportive lifting wraps with soft padding and open-back for breath-ability whilst special pads are implemented on the palm to massively increase grip. Available in multiple sizes for the perfect fit.

RRP: £16.00

**Our Price: £10.00**

You Save: £6.00 - 38 % Discount

<http://www.gymratz.co.uk/power-lift-wrist-wrap>



Costing less than £50 and weighing a mere 1.2kg, it's an inexpensive bodyweight training tool you can workout with any time, anywhere. The fully-adjustable TRX Style Pro Suspension Trainer is tested to 500kg with a suggested maximum user weight of 125kg (over 19.5 stone).

RRP: £79.99

**Our Price: £69.99**

You Save: £10.00 - 13 % Discount

<http://www.gymratz.co.uk/pro-suspension-trainer>



A customer of ours contacted us having found that his orthodox chin bar wasn't suitable for use with his latest P90X programme and required a chin bar that stood out further from the wall. He also considered that neutral-grip handles and eyelets for gym rings would be advantageous. Subsequently,

**Price £279.97**

<http://www.gymratz.co.uk/deluxe-wall-mount-chin-bar>



Provided in a large 250ml pot for many applications, Liquid Chalk improves grip by reducing sweat on the hands. It means you'll now be that little bit closer to your new Deadlift and Pull-Up PB's without creating a mess in the gym by using traditional chalk.

RRP: £9.99

**Our Price: £6.99**

You Save: £3.00 - 30 % Discount

<http://www.gymratz.co.uk/liquid-chalk>



The Bulgarian Bag is a popular "functional" training tool used in many bootcamps and PT sessions. Due to repeated requests, we now offer Bulgarian Bags among our line-up in the following increments: 5kg, 8kg, 12kg, 17kg, 22kg. To select your required increment, please do so in the drop-down menu.

**Price from £86.99**

<http://www.gymratz.co.uk/bulgarian-bag>



These 4 boxes are perfect for use with gym users, athletes and even children because it will decrease the stress on the joints when landing, as opposed to harder surfaces such as the wooden or metal variants.

**Price: £770.00**

<http://www.gymratz.co.uk/soft-plyometric-boxes-set-of-4>



This black polyester battle rope is highly versatile whilst being as durable as they come. It can deliver a full body workout for fitness enthusiasts of all levels looking to spike metabolism, burn fat, gain muscle and improve overall fitness.

Price: £230.00

<http://www.gymratz.co.uk/black-battle-rope-50>



Nike Romaleos 2 are here and going faster than hot potatoes on a cold winters night in the Victorian street market. A shoe is a shoe and if it's performance for your lifts then colour shouldn't matter, however when it's as vibrant as the new 2016 colours are the most stunning range to date...

Price £189.99

<http://www.gymratz.co.uk/nike-romaleos-2-weightlifting-shoes>



These 4 boxes are perfect for use with gym users, athletes and even children because it will decrease the stress on the joints when landing, as opposed to harder surfaces such as the wooden or metal variants.

Price: £125.00

<http://www.gymratz.co.uk/soft-plyometric-box-6>



These 4 boxes are perfect for use with gym users, athletes and even children because it will decrease the stress on the joints when landing, as opposed to harder surfaces such as the wooden or metal variants.

Price: £165.00

<http://www.gymratz.co.uk/soft-plyometric-box-12>



These 4 boxes are perfect for use with gym users, athletes and even children because it will decrease the stress on the joints when landing, as opposed to harder surfaces such as the wooden or metal variants.

Price: £215.00

<http://www.gymratz.co.uk/soft-plyometric-box-18>



These 4 boxes are perfect for use with gym users, athletes and even children because it will decrease the stress on the joints when landing, as opposed to harder surfaces such as the wooden or metal variants.

Price: £265.00

<http://www.gymratz.co.uk/soft-plyometric-box-24>



Nike Romaleos 2 Unlimited - Yes, the new Nike colour scheme called UNLIMITED is here. A slightly wild blend of Pink Blast and Volt/Reflection combined into a new Romaleo 2 Lifter now known as "unlimited" - Crazy colour for the image concious Olympic lifter and CrossFit Athlete

Price £199.99

<http://www.gymratz.co.uk/nike-romaleos-2-weightlifting-shoes-unlimited>



High quality plyometric platforms available in sizes Small, Medium & Large. Also features heavy duty wheels for portability and essential non-slip platforms for safety.

Price from £322.00

<http://www.gymratz.co.uk/plyometric-platforms-jordan>



A high quality wall timer, perfect for a gym or home environment, purposely designed for interval training. Aluminum casing ensures great durability and included is a large, easy to use remote control.

RRP: £296.10

Our Price: £266.49

You Save: £29.61 - 10 % Discount

<http://www.gymratz.co.uk/digital-interval-timer-jordan>



This black polyester battle rope is highly versatile whilst being as durable as they come. It can deliver a full body workout for fitness enthusiasts of all levels looking to spike metabolism, burn fat, gain muscle and improve overall fitness.

Price: £160.00

<http://www.gymratz.co.uk/black-battle-rope-38mm>



This black polyester battle rope is highly versatile whilst being as durable as they come. It can deliver a full body workout for fitness enthusiasts of all levels looking to spike metabolism, burn fat, gain muscle and improve overall fitness.

Price: £130.00

<http://www.gymratz.co.uk/black-battle-rope-25mm>



Well-designed and strong Parallettes of a good-size  
We (Gym Ratz) sourced these Parallettes of said dimensions following requests from local customers for handles of just this size. Price is for a pair.

RRP: £99.50

Our Price: £99.50

You Save: £0.00 - 0 % Discount

<http://www.gymratz.co.uk/parallettes-joinbar>



Ideal for Plyometric , suspension training and rehabilitation adjustable weighted vest. 10kg,15kg.20kg or 30kg vest

Price from £65.00

<http://www.gymratz.co.uk/weighted-vest>



Popularised in recent years by "functional" training, sledgehammers are most often used in bootcamp-style workouts to hit a tyre. So, a good way to work the obliques, abs, and forearms. This particular gym hammer is the lightest one at 4Kg we also have 8Kg and 10Kg versions available

Price: £24.74

<http://www.gymratz.co.uk/gym-sledgehammer-4kg>



Popularised in recent years by "functional" training, sledgehammers are most often used in bootcamp-style workouts to hit a tyre. So, a good way to work the obliques, abs, and forearms. This particular gym hammer is the lightest one at 8Kg we also have 4Kg and 10Kg versions available

Price: £49.45

<http://www.gymratz.co.uk/gym-sledgehammer-8kg>





Popularised in recent years by "functional" training, sledgehammers are most often used in bootcamp-style workouts to hit a tyre. So, a good way to work the obliques, abs, and forearms. This particular gym hammer is the heaviest one at 10Kg we also have 4Kg and 8Kg versions available

Price: £61.95

<http://www.gymratz.co.uk/gym-sledgehammer-10kg>



Jordan 3 in 1 soft plyometric box with official crossfit dimensions and made from a high density impact absorbing foam which eases shock on knees, hips and ankles. Covered in a hard wearing non-slip vinyl.

Price: £198.00

<http://www.gymratz.co.uk/3-in-1-soft-plyo-box>



This industrial strength suspension trainer an inexpensive body weight training tool . The ability to use as two separate straps allows separate adjustment to each allowing for those who may need compensation in one limb .

Price: £110.00

<http://www.gymratz.co.uk/jungle-gym--suspension-trainer>



Take your training to the next level. This is going to sort the men from the boys! The new Jordan Tuff nut, flip it, carry it ...use as an exercise bench, plyo box platform what an excellent idea!

RRP: £1,200.00

**Our Price: £1,080.00**

You Save: £120.00 - 10 % Discount

<http://www.gymratz.co.uk/jordan-tuff-nut-100kg>



The Jordan Soft Plyo Boxes are a fantastic new addition to the Jordan range of performance functional equipment. These stackable boxes are perfect for use with gym users, athletes and even children because it will decrease the stress on the joints when landing, as opposed to harder surfaces.

RRP from: £95.00

**Our Price from £90.00**

You Save: £5.00 - 5 % Discount

<http://www.gymratz.co.uk/jordan-soft-stacking-plyometric-boxes>



Take your training to the next level. This is going to sort the men from the boys!  
The new Jordan TufNut, flip it, carry it ...use as an exercise bench, plyo box platform what an excellent idea!

Price: £1,030.00

<http://www.gymratz.co.uk/jordan-tuff-nut-80kg>



Take your training to the next level. This is going to sort the men from the boys!  
The new Jordan TufNut, flip it, carry it ...use as an exercise bench, plyo box platform what an excellent idea!

Price: £799.00

<http://www.gymratz.co.uk/jordan-tuff-nut-60kg>



soft padded leather palm for comfortable and increases grip with netting back for breath-ability. Lifting essential for anyone regularly working out with weights and bars that don't want to end up with calluses on the pads at the base of their fingers

Price from £13.99

<http://www.gymratz.co.uk/mesh-fitness-glove>



Take your training to the next level. This is going to sort the men from the boys!  
The new Jordan TufNut, flip it, carry it ...use as an exercise bench, plyo box platform what an excellent idea!

Price: £710.00

<http://www.gymratz.co.uk/jordan-tuff-nut-40kg-2019>

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