

## Double Grip Medicine Balls



4Kg Double Grip Medicine Ball - Double grip medicine balls are great for a range of exercises. A cross between a Medicine ball, Kettle Bell and a Dumbbell. These BBE double grip medicine balls are suitable for home or commercial gym use.

Price: £45.83

<http://www.gymratz.co.uk/bbe-double-grip-medicine-ball-4kg>



Having handles, these commercial-grade balls are suited for regular use as a medicine ball or for adding training variety, using them more like a dumbbell or kettlebell. In a general gym/ studio environment, as the Double-Grip Medicine Balls offer greater versatility, they're often favoured over the

Price from £40.00

<http://www.gymratz.co.uk/york-double-grip-medicine-balls>



Double-Grip Medicine Balls Club Pack includes 1 of each increment medicine ball (7 in total, from 4kg to 10kg).

RRP: £497.93

Our Price: £349.99

You Save: £147.94 - 30 % Discount

<http://www.gymratz.co.uk/double-grip-medicine-balls-club-pack>



Medicine Balls are versatile pieces of equipment, great for classes and personal trainers as they can be used for a number of exercises. Medicine balls can be used for upper body, lower body, core and stretches.

Price from £35.00

<http://www.gymratz.co.uk/double-grip-medicine-balls>



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Price from £38.99

<http://www.gymratz.co.uk/dual-grip-medicine-balls>

Gym RatZ - (Fitness Equipment UK)

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