

## Upper Body Strength



Maximuscle Dip Belts are possibly the best value dipping belts around - Great for loading up greater than bodyweight for dips and chins.

Price: £31.99

<http://www.gymratz.co.uk/maximuscle-dipping-belt>



An absolute must-have item for any Home Gym or Garage Gym where the best free-weight exercises yield the best results.

Price: £49.99

<http://www.gymratz.co.uk/grappler-tbar-row>



GymRatZ Wall-Mounted Chinning Frame is made from solid steel and topped with a black powder coated paint finish, ensuring the GymRatZ Wall Mounted Chinning Frame will be a permanent fixture for gym goers to battle.

Price: £325.00

<http://www.gymratz.co.uk/gymratz-chin-bar>



Compact wall-mount chin bar from Exigo for full commercial use. As highlighted in the image above, the narrow-grip chin handles are positioned at 5 degrees for increased comfort.

Price: £91.63

<http://www.gymratz.co.uk/gq-wall-mount-chin-bar>



Dip belts come in many styles, but they all perform the same function; being able to increase your own body weight through adding a weight plate or two. This leather dip belt is no different and does just that.

RRP: £22.99

**Our Price: £18.00**

You Save: £4.99 - 22 % Discount

<http://www.gymratz.co.uk/leather-dip-belt>



A customer of ours contacted us having found that his orthodox chin bar wasn't suitable for use with his latest P90X programme and required a chin bar that stood out further from the wall. He also considered that neutral-grip handles and eyelets for gym rings would be advantageous. Subsequently,

Price £279.97

<http://www.gymratz.co.uk/deluxe-wall-mount-chin-bar>



A high quality and extremely rugged commercial-quality bar built to last!

RRP from: £168.84

**Our Price £140.70**

You Save: £28.14 - 17 % Discount

<http://www.gymratz.co.uk/jordan-wall-mounted-multi-grip-chin-up-bar>

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Designed for use on the FTS Flex Bench & The FTS Olympic Combo Bench to add extra functionality to your kit.

Price: £99.99

<http://www.gymratz.co.uk/york-fts-preacher-curl>



Pair of Sphere/Ball hanging pull up grips for use with Racks, Chin frames, chains and loading pins

Price: £33.99

<http://www.gymratz.co.uk/sphere-pull-up-grip>



Sphere/Ball/Globe grip Cable handle - For an increased finger and grip strength training. A great addition for rock climbers and martial arts practitioners where a powerful finger grip and strength can make the difference between success and failure in climbing or grappling sports.

Price: £19.99

<http://www.gymratz.co.uk/globe-gripz>



Jordan Adjustable Incline/Decline bench. plus 85 degrees to minus 10 degrees

Price £577.00

<http://www.gymratz.co.uk/jf-adjustable-bench>



Heavy-duty Chin, Dip & Knee Raise Station for longevity in any training environment. Also suitable for freeweights gym wanting to perform dips and chins weighted.

Price £840.00

<http://www.gymratz.co.uk/jordan-chin-dip-knee-raise>

Gym Ratz - (Fitness Equipment UK)

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