

Weights Benches



Simple and well-built bench, the York FTS Flat to Incline Bench is home-use and light commercial & institutional use graded. Covered by a light commercial warranty. The FTS Flat to Incline Bench is ideal for use with the FTS Press/ Squat Stands. Read more [HERE](#)

Price: £186.66

<http://www.gymratz.co.uk/york-fts-flat-to-incline-bench>



York's Olympic Combo Bench offers flat, incline and decline benching positions and a free leg developer. Should you require one, a preacher curl attachment is also available.

Price: £299.00

<http://www.gymratz.co.uk/york-fts-olympic-combo-bench>



York Barbell Light Commercial Adjustable Free-Weight bench. Covering Flat, Incline and Decline positions through multiple positions and built for use in light commercial gyms this FTS Flex Bench offers way more than being simple an adjustable bench. Read our review [here...](#)

Price: £259.00

<http://www.gymratz.co.uk/york-fts-flex-bench>



Ideal for the light commercial gym wishing for a designated olympic flat bench, York's FTS Olympic Fixed Flat Bench is very simple in design and affordable.

Price: £220.00

<http://www.gymratz.co.uk/york-fts-olympic-fixed-flat-bench>



York's traditional-style ab bench from their light-commercial FTS range. York's sit-up bench is adjustable.

Price: £129.99

<http://www.gymratz.co.uk/york-fts-sit-up-board>



York FTS Seated Preacher bench light-commercial use. Not to be confused with York Fitness home gym equipment - you know we (GymRatZ) wouldn't sell that!

Price: £208.33

<http://www.gymratz.co.uk/york-fts-seated-preacher-curl>



York STS Flat Bench is full commercial product designed to be used with the whole of the York STS commercial range of gym equipment.

Price: £165.83

<http://www.gymratz.co.uk/sts-flat-bench>



York STS Flat to Incline Bench is a fully commercial product designed to perfectly match up with

Price: £333.33

<http://www.gymratz.co.uk/sts-flat-to-incline-bench>



York STS Flat Bench is a light to medium duty commercial product designed to be used in commercial environment with the whole of the York STS commercial range of gym equipment.

Price: £663.00

<http://www.gymratz.co.uk/sts-olympic-flat-bench>



York STS Olympic Decline Bench is a light to medium duty commercial product designed to be used with the whole of the York STS commercial range of gym equipment.

Price: £529.99

<http://www.gymratz.co.uk/sts-olympic-decline-bench>



Part of the Impulse Sterling range of fully commercial strength equipment. this heavy duty range of plate loading equipment has been supplied to many gym's throughout the UK and Ireland with very good feedback and great value for money

RRP: £690.00

Our Price: £483.00

You Save: £207.00 - 30 % Discount

<http://www.gymratz.co.uk/impulse-stirling-adjustable-bench>



York STS Olympic Incline Bench is a light to medium duty commercial product designed to be used with the whole of the York STS commercial range of gym equipment.

Price: £529.99

<http://www.gymratz.co.uk/sts-olympic-incline-bench>



The Impulse Sterling Plate Loading Seated Dip Machine is a sturdy and robust piece of gym equipment flat-packed and imported from a factory that makes gym equipment for many suppliers under their own brand names...

RRP: £2,590.00

Our Price: £1,813.00

You Save: £777.00 - 30 % Discount

<http://www.gymratz.co.uk/impulse-stirling-seated-dip>



Part of the Impulse Sterling range of fully commercial strength equipment. this heavy duty range of plate loading equipment has been supplied to many gym's throughout the UK and Ireland with very good feedback and great value for money.....Time for serious equipment without the serious price

RRP: £2,190.00

Our Price: £1,533.00

You Save: £657.00 - 30 % Discount

<http://www.gymratz.co.uk/impulse-stirling-leg-extension>



Ideal for the light commercial gym wishing for a straight forward flat bench, York's FTS Fixed Flat Bench is very simple in design and affordable.

Price: £144.99

<http://www.gymratz.co.uk/york-fts-fixed-flat-bench>



Ideal for the light commercial gym wishing for a straight forward flat bench, York's FTS Fixed Flat Bench is very simple in design and affordable.

Price: £159.99

<http://www.gymratz.co.uk/york-fts-silver-flat-bench>



York Barbell Light Commercial Adjustable Free-Weight bench. Covering Flat, Incline and Decline positions through multiple positions and built for use in light commercial gyms this FTS Flex Bench offers way more than being simple an adjustable bench. Read our review here...

RRP: £237.00

Our Price: £159.99

You Save: £77.01 - 32 % Discount

<http://www.gymratz.co.uk/york-fts-flex-bench-silver-grey>



New for 2020 the JMC Adjustable Bench - Proudly designed and manufactured in the UK

Price: £449.00

<http://www.gymratz.co.uk/jmc-adjustable-weights-bench>



New for 2021 the JMC Flat Bench - Proudly designed and manufactured in the UK

Price: £187.50

<http://www.gymratz.co.uk/jmc-flat-weights-bench>



New for 2021 the JMC Olympic Flat Bench - commercial fitness products proudly designed and manufactured in the UK

Price: £550.00

[*http://www.gymratz.co.uk/jmc-olympic-lifting-bench*](http://www.gymratz.co.uk/jmc-olympic-lifting-bench)

Gym Ratz - (Fitness Equipment UK)

GymRatz - Fitness Equipment, 199 Avonmouth Road, Avonmouth, Bristol, BS11 9EG UK

Tel: 0845 86 86 888 Fax: 0870 4711 011
