

## Olympic Bars (Specialist)



We made these dumbbells following a request from a customer, so you have him to thank for their spec :). We liked them so much, that we've decided to make them available for everyone to order. Here's the spec...

Price: £195.00

<http://www.gymratz.co.uk/professional-olympic-dumbbells>



Olympic 2" Fat Bar - If you are new to Fat Bar Training or are looking to use incorporate Fat Bar Training into your personal training gym or studio then a 2" Fat Bar is the best starting point. Light weight but with a huge loading capacity our Fat Bars are the Thick Bars to go for.

Price: £155.00

<http://www.gymratz.co.uk/gymratz-7ft-thick-bar>



The GymRatZ Olympic Cambered Bench Press Bar is an ideal addition to any heavy duty free weight gym. The Olympic Cambered Bench Press Bar allows a greater stretch across your chest by benching deeper than ever before.

Price: £275.00

<http://www.gymratz.co.uk/gymratz-cambered-bench-press-bar>



The GymRatZ Olympic Cambered Squat Bar is an ideal addition to any heavy duty freeweight gym. Many find a cambered squat bar more comfortable across their traps and the angle provides less strain on their shoulders.

Price: £270.00

<http://www.gymratz.co.uk/gymratz-cambered-squat-bar>



Longer, heavier, thicker with solid ends make this trap bar the strongest and heaviest duty bar on the market. We at Gym Ratz are proud to be the first and only company in the UK to be selling this fantastic piece of engineering.

Get on to your local gym owner to pull his finge

Price: £310.00

<http://www.gymratz.co.uk/gymratz-olympic-trap-bar-hd>



There's no doubt that a trap bar is a great piece of kit - it now gets even better with the introduction of the GymRatZ Power Rack Trap Bar! You'll encounter no hassle loading your trap bar with extended ends making it suitable to fit in a normal sized power rack. The Power Rack Trap Bar

Price: £280.00

<http://www.gymratz.co.uk/gymratz-olympic-trap-bar-power-rack>



Olympic Trap Bar: With a few modifications to the shape (primarily adding a couple of extra sides) it doesn't breach the copyright of the original design. This means we are now able to bring this marvellous piece of equipment to you the way it was intended.

Price: £205.00

<http://www.gymratz.co.uk/gymratz-olympic-trap-bar>

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Our Olympic Football Bar has proved so popular with the commercial gyms and elite strength athletes which has seen an increase in popularity in the States thanks to a few of the right names recommending it. Once used you'll find it hard to go to any other bar (Except perhaps our Fat Grip version)

Price from £290.00

<http://www.gymratz.co.uk/gymratz-olympic-football-bar>



Heavy-duty Safety Squat Bar. The rollers are thick and durable and the bar's constructed from heavy-gauge steel. GymRatZ Safety Squat Bar is a great tool for anyone suffering from rotator cuff problems or had a shoulder reconstruction and wishing to squat.

Price: £385.00

<http://www.gymratz.co.uk/gymratz-safety-squat-bar>



Ultra Smooth, dual precision roller bearing, rotating Olympic sleeves available for purchase with many GymRatZ specialist bars for fitment during bar manufacture. (available as upgrade option on suitable bars)

Price: £80.00

<http://www.gymratz.co.uk/revolving-bar-ends-gymratz>



2" (50mm) handle Thick grip dumbbells for your strength training and grip technique endeavours. Blast your forearm flexors gripping these heavy-duty Olympic dumbbells. Also of interest, we offer an entire range of specialist gym equipment - thick bars, thick grip cable handles.

Price £95.00

<http://www.gymratz.co.uk/thick-grip-olympic-dumbbells>



Check out our specialist range of Olympic Weight Training Bars. This Poliquin Angled Dual Grip Bar is manufactured to the exacting dimensions and standards as required to make this a great strength training bar. Ultra Smooth Revolving ends available for the very best training action.

Price from£215.00

<http://www.gymratz.co.uk/poliquin-angled-dual-grip-bar>



Check out our specialist range of bars. This Poliquin Dual Grip Bar is manufactured to the exacting dimensions and standards as created by the legendary Charles Poliquin himself to make this a great strength training bar. Ultra Smooth Revolving ends available for the very best training action.

Price from£205.00

<http://www.gymratz.co.uk/poliquin-dual-grip-bar>



Heavy Duty Olympic Log Bar (type 2) - Featuring parallel grips this commercial olympic log bar is light enough for beginners to develop a log bar technique but engineered to be tough enough for any heavy duty seasoned lifter. Great for all types of pressing and rowing exercises.

Price £245.00

<http://www.gymratz.co.uk/olympic-log-bar-type2>



So you've got your straight Olympic Fat Bar and now want to add a bit of variety into your thick bar training routine. You REALLY NEED to try one of our EZ-Curl Fat Bars. This 2" bar is a great place to start for biceps and triceps training with the boost of the fat bar.

Price from£180.00

<http://www.gymratz.co.uk/50mm-thickgrip-olympic-ez-bar>



Wow, what a bar! Whether you're in to fat bar training or not, you'll love this bar! Steel 2" fat bar with knurled black paint finish and olympic free-revolving zinc plated ends, the Poliquin endorsed Professional Fat Bar is the Texas Bar equivalent to Fat Bar training

Price: £325.00

<http://www.gymratz.co.uk/professional-olympic-fat-bar>

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Our olympic Stubby Fat Bars are available in handle thickness of 2", 2.5" and 3", as pictured above from top to bottom respectively. Please select your required handle thickness from the drop down menu (above right). Also, as per all of our specialist bars, we can make them with revolving sleeves

Price from £155.00

<http://www.gymratz.co.uk/gymratz-stubby-fat-bar>



Having had a few customers undecided as to whether they want a regular grip (25mm to 30mm) olympic trap bar or our fat grip (50mm) trap bar, we've helped make the decision easy by creating a new double grip (25mm and 50mm) olympic trap bar. Now you can enjoy the benefits of training with an

Price: £290.00

<http://www.gymratz.co.uk/gymratz-double-grip-olympic-trap-bar>



Unique in design, the Poliquin dumbbells have a fat (2") grip super-smooth revolving handle. Yes, that's right! The handle revolves, rather than the sleeves (they are one). Those of you that have purchased our fat grip kit know how it adds another dimension to your training & the revolving aspect

Price £225.00

<http://www.gymratz.co.uk/gr-poliquin-fat-grip-olympic-dumbbells>



Designed for powerlifters to perform squats and deadlifts. The 8ft olympic bar has a 32mm black zinc plated spring steel shaft with needle bearing sleeves and is rated to 700lb.

RRP: £299.99

**Our Price: £245.00**

You Save: £54.99 - 18 % Discount

<http://www.gymratz.co.uk/8ft-olympic-power-bar>



Our Fat Grip Professional EZ Curl bars have undergone a few changes since the original version. as such various options are now available for all thickness' bars so we've grouped them all onto this one page where you can select the bar thickness, whether you want super-smooth revolving ends or regul

Price from £180.00

<http://www.gymratz.co.uk/professional-fat-ez-curl-bar>



Globe Grip Training is perfect for changing the dynamics of a barbell to afford a whole new dimension to regular exercises and grip specific exercises. Our new range of Globe and Ball Barbells make an exciting addition to any commercial gym

Price: £160.00

<http://www.gymratz.co.uk/globe-barbell>



Globe Grip Training is perfect for changing the dynamics of a dumbbell to afford a whole new dimension to regular exercises and grip specific exercises. Our new range of Globe and Ball Barbells make an exciting addition to any commercial gym

Price: £85.00

<http://www.gymratz.co.uk/globe-dumbbell>



Introducing the multi-use Body Development Bar designed by PT Tom Crudgington. Tom's Body Development Bar allows the stirrup handles to be positioned in 4 different ways where they can be fixed-in to a position or allowed to move freely (e.g. allowing supination or pronation of the forearm).

Price: £395.00

<http://www.gymratz.co.uk/body-development-bar>

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CrossFitters should like this one - the Overhead Squat Bar (Delrade Bar). Angled to reduce strain on your wrists during the overhead squat, it's an ideal specialist bar for your line-up.

Price: £295.00

<http://www.gymratz.co.uk/overhead-delrade-squat-bar>



Thors Hammer for all method of swinging and hammering actions (aside from actual striking) with weight. Featuring a 2" fat grip, this is incredibly tough on the forearms and shoulders.

Price: £75.00

<http://www.gymratz.co.uk/thors-hammer>





Benefiting from multi-angled thick handles to avoid joint discomfort on many lifts or to simply add variety to your training, the latest Charles Poliquin endorsed bar - Poliquin Multi-Angle Thick Grip Bar - is a cross between our Multi-Grip Swiss Bar and our Football Bar. A great product for any

Price from £295.00

<http://www.gymratz.co.uk/poliquin-multi-angle-thick-grip-bar>



The Olympic Row Bar came about for use with our Laying Bench Row, allowing for an extra few inches of movement at the mid-point of the row. There's not too much to explain about the Olympic Row Bar as the shape is quite self-explanatory. Personally (Matt writing), I wouldn't suggest it for

Price: £225.00

<http://www.gymratz.co.uk/olympic-row-bar>



The main difference between York Barbell's International "Multi-Hex" Trap / Shrug Bar compared to other Trap Bars is the unique "Rock & Rack" kickstand feature that functions like a bar jack enabling the user to load and unload plates with ease.

Price: £199.00

<http://www.gymratz.co.uk/york-multi-hex-trap-bar>



Brushed steel training bar perfect for those wanting to learn the Olympic Lifts, without having to lift a full, 20kg Olympic bar.

Price: £122.33

<http://www.gymratz.co.uk/aluminium-training-bar-65kg-tested>



Here at GymRatZ we made the very first Safety Squat Bar in the UK for London Irish rugby squad. Today there are a huge array of copies and alternative designs. Jordan have introduced an imported version which although not matching our GymRatZ HD design is typically available next day and.....

Price: £160.00

<http://www.gymratz.co.uk/jordan-olympic-safety-squat-bar>

Gym Ratz - (Fitness Equipment UK)

GymRatz - Fitness Equipment, 199 Avonmouth Road, Avonmouth, Bristol, BS11 9EG UK

Tel: 0845 86 86 888 Fax: 0870 4711 011